
Techniques Dance Cheerleading Team Cheer March

youth cheerleading by laws rosters and eligibility - youth cheerleading by-laws rosters and eligibility: 1.1 cheerleading teams will be formed in the following age groups (grade level as of **private cheer camps - elite cheerleading** - • cheers, chants, sidelines • dance, pom routines • effective pyramid building • safety and spotting techniques • vocal and facial expression **e***;